

0101P100

Principles of Psychology

Instructor: Emese Vitalis, Ph.D.

Time: Monday through Friday (June 17, 2019 - July 19, 2019)

Office Hours: 2 hours (according to the teaching schedule)

Contact Hours: 60 hours(50 minutes each)

Credits: 4

Location: Huiquan Building

Office: Huiquan Building 518

Course Description

Psychology is the academic discipline concerned with the systematic investigation and understanding of the human mind. This introductory course in psychology is a survey of the multiple aspects of human behavior. The course explores some of the historical, theoretical, and empirical foundations of the discipline of psychology. It involves a survey of the foundations of human functioning in such areas as the brain, learning, motivation, emotions, stress, mental health, personality, pathology/mental illness, physiological factors, and social influences.

Required Textbook(s)

Exploring Psychology. Myers, D. (2014) (9th Ed.). New York, NY: Worth Publisher.

Prerequisites

No prerequisites

Course Hours

The course has 25 sessions in total. Each class session is 120 minutes in length. The course meets from Monday to Friday.

Course Schedule

Please note that the schedule is meant to give an overview of the major concepts this course. Changes may occur in this calendar as needed to aid in the student's development.

Week 1

Monday - Thinking Critically With Psychological Science Chapter 1
Tuesday - Chapter 1 continued
Wednesday - Biology of Behavior Chapter 2
Thursday - Chapter 2 continued
Friday - Chapter 2 continued

Week 2

Monday - Consciousness Chapter 3
Tuesday - Chapter 3 continued, Assignment 1 presentations
Wednesday - Exam I
Thursday - Sensation and Perception Chapter 6
Friday – Chapter 6 continued

Week 3

Monday – Learning Chapter 7
Tuesday - Memory Chapter 8
Wednesday - Chapter 8 continued
Wednesday - Thinking and Intelligence Chapter 9
Thursday - Chapter 9 continued
Friday – Exam II

Week 4

Monday - Gender and Sexuality Chapter 5
Tuesday - Motivation and Emotion Chapter 10
Wednesday - Stress, Health and Human Flourishing Chapter 11
Thursday - Personality Chapter 12
Friday - Social Psychology Chapter 13

Week 5

Monday - Chapter 13 continued
Tuesday – Mental Disorders and Therapy Chapters 14 &15
Wednesday & Thursday Final Project Presentation
Friday - Final Exam

Course Requirements

General Class Rules are:

Be Prepared, Be Polite, Be Honest, and Be Attentive.

Specific Class Rules are:

- * Do Not Interrupt - If the teacher or another student is speaking to the class, raise your hand to be recognized. Do not break in or make “side” comments to a neighbor. When I raise my hand as a signal to be quiet, stop talking and look at me.
- * Stay in Your Seat - Do not walk around during class unless directed to do so. Have everything you need ready before class begins.
- * Leave the Food at Home - Students may not eat or drink in the classroom. Closable containers of water are permitted.
- * Nothing Goes Airborne - Nothing will go airborne in class at any time. This includes pens, paper, and other students.
- * Cell Phones, iPods, “Devices” - Please place cell phones on silent and leave them in your bag, purse, pocket, etc. Cell phones and other devices will be confiscated and returned at the end of the day if they become an issue in the classroom. After three confiscations of your devices, they will be turned over to the office for appropriate disciplinary actions to be taken.

Assignments

Exams and Quizzes

There are going to be two exams and one final exam during the course. After every 1-2 chapters I will also give you a short quiz to make sure that you keep up with the material and you practice taking tests

Assignment 1, Effects of Drugs

The goal of the assignment is to familiarize yourself with psychoactive drugs and their long term effects on the body/brain. Your task is to research a recreational drug with psychoactive effects (psychoactive substance) and create short presentation on it. Please create a handout for the class with the most important information. Length of presentation: 5 minutes. The assignment will be completed in groups of 2-3. Detailed guidelines will be handed out in class.

Assignment 2, Classical and Operant Conditioning

The goal of the assignment is to gain deeper understanding of classical and operant conditioning. Your task is to write a short paper on examples of learning through conditioning. You will need to identify and explain behaviors you learned through classical conditioning, and behaviors you learned through operant conditioning. You will also have to explain some real life uses of classical and operant conditioning. Length of paper: 2-3 pages, format: APA style. The assignment will be completed in groups of 2-3. Detailed guidelines will be handed out in class.

Final Project, Library Research

The goal of the final project is to enhance library research and writing skills by critically evaluating a specific issue in psychology connected to art. Your task is to find a topic that interests you, research it, write a paper on it create a PowerPoint presentation on it, and teach it to the class. Length of presentation: 15-20 minutes depending on class size. The project will be completed in groups of 3-4. Detailed guidelines will be handed out in class.

Grading Policy

Type	Percentage
Assignments	10% of grade
Quizzes	10% of grade
Exam I	20% of grade
Exam II	20% of grade
Final Exam	20% of grade
Final Project	10% of grade
Attendance	10% of grade
Total	100%

Grading Scale

The instructor will use the grading system as applied by JNU:

Definition	Letter Grade	Score
Excellent	A	90~100
Good	B	80~89
Satisfactory	C	70~79
Poor	D	60~69
Failed	E	Below 60

Attendance

Attendance is mandatory in the class. It would be recorded each class and forms part of students' participation record. Students should inform the instructor at the earliest opportunity if they need to ask for a leave. All absences may have negative effect on

students' final grades. Any students with more than three unexcused absences will automatically fail the course.

Academic Integrity

As members of the Jinan University academic community, students are expected to be honest in all of their academic coursework and activities. Academic dishonesty, includes (but is not limited to) cheating on assignments or examinations; plagiarizing, i.e., misrepresenting as one's own work any work done by another; submitting the same paper, or a substantially similar paper, to meet the requirements of more than one course without the approval and consent of the instructors concerned; or sabotaging other students' work within these general definitions. Instructors, however, determine what constitutes academic misconduct in the courses they teach. Students found guilty of academic misconduct in any portion of the academic work face penalties that range from the lowering of their course grade to awarding a grade of E for the entire course.