

# 0101P100

## Principles of Psychology

**Instructor:** Lu Leng

**Time:** Monday through Friday (June 14, 2021-July 16, 2021)

**Office Hours:** 2 hours (according to the teaching schedule)

**Contact Hours:** 60 hours(50 minutes each)

**Credits:** 4

**Location:** Huiquan Building

**Office:** Huiquan Building 518

### Course Description

Psychology is the academic discipline concerned with the systematic investigation and understanding of the human mind. This introductory course in psychology is a survey of the multiple aspects of human behavior. The course explores some of the historical, theoretical, and empirical foundations of the discipline of psychology. It involves a survey of the foundations of human functioning in such areas as the brain, learning, motivation, emotions, stress, mental health, personality, pathology/mental illness, physiological factors, and social influences.

### Required Textbook(s)

*Exploring Psychology*. Myers, D. (2014) (9<sup>th</sup> Ed.). New York, NY: Worth Publisher.

### Prerequisites

No prerequisites

## **Course Hours**

The course has 25 sessions in total. Each class session is 120 minutes in length. The course meets from Monday to Friday.

## **Course Schedule**

Please note that the schedule is meant to give an overview of the major concepts this course. Changes may occur in this calendar as needed to aid in the student's development.

### **Week 1**

Monday - Thinking Critically with Psychological Science Chapter 1  
Tuesday - Chapter 1 continued  
Wednesday - Biology of Behavior Chapter 2  
Thursday - Chapter 4 Developing through the Life Span  
Friday – Seminar: Chapter 4 continued, review, inquiry and reflection

### **Week 2**

Monday - Consciousness Chapter 3  
Tuesday - Chapter 3 continued, Assignment 1 presentations  
Wednesday - Exam I  
Thursday - Sensation and Perception Chapter 6  
Friday – Seminar: Chapter 6 continued, review, inquiry and reflection

### **Week 3**

Monday – Learning Chapter 7  
Tuesday - Memory Chapter 8  
Wednesday - Chapter 8 continued  
Wednesday - Thinking and Intelligence Chapter 9  
Thursday – Seminar: Chapter 9 continued, review, inquiry and reflection  
Friday – Exam II

### **Week 4**

Monday - Gender and Sexuality Chapter 5  
Tuesday - Motivation and Emotion Chapter 10  
Wednesday - Stress, Health and Human Flourishing Chapter 11  
Thursday - Personality Chapter 12  
Friday - Social Psychology Chapter 13

### **Week 5**

Monday - Chapter 13 continued  
Tuesday – Mental Disorders and Therapy Chapters 14 &15  
Wednesday – Review, reflection and inquiry  
Thursday - Final Exam  
Friday - TBD

## Course Requirements

### *General Class Rules are:*

Be Prepared, Be Polite, Be Honest, and Be Attentive.

### *Specific Class Rules are:*

\* Do Not Interrupt - If the teacher or another student is speaking to the class, raise your hand to be recognized. Do not break in or make “side” comments to a neighbor. When I raise my hand as a signal to be quiet, stop talking and look at me.

\* Stay in Your Seat - Do not walk around during class unless directed to do so. Have everything you need ready before class begins.

\* Leave the Food at Home - Students may not eat or drink in the classroom. Closable containers of water are permitted.

\* Nothing Goes Airborne - Nothing will go airborne in class at any time. This includes pens, paper, and other students.

\* Cell Phones, iPods, “Devices” - Please place cell phones on silent and leave them in your bag, purse, pocket, etc. Cell phones and other devices will be confiscated and returned at the end of the day if they become an issue in the classroom. After three confiscations of your devices, they will be turned over to the office for appropriate disciplinary actions to be taken.

## Assignments

### **Exams and Quizzes**

There are going to be two exams and one final exam during the course. After every 1-2 chapters I will also give you a short quiz to make sure that you keep up with the material and you practice taking tests

### **Dreams Essay**

Choose a dream that you or someone you know has had. Use one of the dream theories (Freud’ s, Jung’ s, etc) to interpret the dream. This should be 3 pages, double spaced.

### Questions to answer

What was the story line of the dream? 20 points

What is the interpretation of the dream according to a specific dream theory? 20 points

What are the dream symbols? 20 points

Do you believe this interpretation is accurate? 20 points

References page in APA format- 20 points

### Attendance and Participation

The remaining 10% of the student's grade will be determined by regular attendance and participation in class. Full and prepared participation is expected.

### Grading Policy

Type	Percentage
Quizzes	20% of grade
Exam I	15% of grade
Exam II	15% of grade
Final Exam	20% of grade
Dream Essay	20% of grade
Attendance	10% of grade
Total	100%

### Grading Scale

The instructor will use the grading system as applied by JNU:

Definition	Letter Grade	Score
Excellent	A	90~100
Good	B	80~89
Satisfactory	C	70~79
Poor	D	60~69
Failed	E	Below 60

### Attendance

Attendance is mandatory in the class. It would be recorded each class and forms part of students' participation record. Students should inform the instructor at the earliest opportunity if they need to ask for a leave. All absences may have negative effect on students' final grades. Any students with more than three unexcused absences will automatically fail the course.

### Academic Integrity

As members of the Jinan University academic community, students are expected to be honest in all of their academic coursework and activities. Academic dishonesty, includes (but is not limited to) cheating on assignments or examinations; plagiarizing, i.e., misrepresenting as one's own work any work done by another; submitting the same paper, or a substantially similar paper, to meet the requirements of more than one course without the approval and consent of the instructors concerned; or sabotaging other students' work within these general definitions. Instructors, however, determine what constitutes academic misconduct in the courses they teach. Students found guilty of academic misconduct in any portion of the academic work face penalties that range from the lowering of their course grade to awarding a grade of E for the entire course.